

2019 GC Bearkat High School Relays Schedule
Thursday, March 21

2:30pm-3:15pm: Scratch Meeting in Complex/Coaches Meeting

3:30pm: 3200m Run -- VG, JVB/VB (run together)

3:40pm: Field Events

Pole Vault: VG followed by JVB/VB (vault together)

High Jump: VB, VG, JVB

Long Jump (west pit): JVB, VB, VG

Triple Jump (east pit): VB, VG, JVB

Discus: JVB, VB, VG

Shot Put: VG, JVB, VB

6:00pm (or 30 minutes after Field Events): Running Events

4x100m Relay

800m Run

100m Hurdles (VG)

110m Hurdles (JVB, VB)

100m Dash

4x200m Relay

400m Dash

300m Hurdles

200m Dash

1600m Run (may combine where needed)

4x400m Relay

Awards will be ready for pick up in the press box. Will email results ASAP. You may also access results through Trackmate.